



...Wow, even the crickets are on holiday.

An exceedingly quiet BNL month this time. It's summer holidays and the Ladies have been busy catching up on time with their families after the long LSOE tour away.

Do remember you can always send in pieces and ideas for this newsletter any time. It's for all you BNL fans out there so it ought to reflect what you want.

But until next month when there'll hopefully be more news, I'll leave you with my friend ASCII-Stuntie and a personal recommendation to check out the LSOE2018 concert footage [Acady6](#) uploaded to get your monthly requirement of Vitamin B(NL)

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NEWS

- ↪ Even if there's not been much BNL news from the main band this month, Steve has been plenty busy and some great BNL fans have been at work on very exciting projects. Catch up just below.
- ↪ And in tangential BNL news, the Ladies received a [shoutout at the MTV awards](#) plus it was announced *The Big Bang Theory*, which BNL sing the theme for, [is ending next year](#).

Upcoming

Appendix Page

Steve has been nice and busy this month. As well as a UK tour – During which he has previewed new song '[Gravity](#)' and [sung some old BNL favourites](#) – he has a new album on the way, *Discipline: Heal Thyself, Pt. II*, released September 14th! In an interview with [Billboard](#) about the album he premiered new single 'White Noise' and gave an overview of the album's process plus theme of the artist's place in politics.

Pre-order *Discipline: Heal Thyself, Pt. II* [HERE!](#)

Features

The Biggest Throwback Thursday Ever

This month brought an unexpected and very special blast from the past to the BNL community. Previously, all digital copies of *Bucknaked*, BNL's first ever recording of any kind featuring only Ed and Steve, were low quality and barely did it true justice. But now, thanks to a couple of mega-BNL fans we finally have a perfect quality [digital copy of Bucknaked!](#)

The cassette was bought by Macoland, who runs BNLHTTP.com, then sent to Peter who ripped it (Check out [his video on the process and quality difference](#) for more in-depth coverage). The copy of the cassette cost Macoland \$500 of their own money, on top of the running costs of BNLHTTP.com they pay, so if you want please [donate to the site](#) in thanks for this gift to the BNL community. Also, if anyone has a copy of *Barenaked Lunch*, a.k.a. the pink tape, get in touch so we can get a full set of perfect quality demo tape digital copies for posterity.

Bound Round

As a bonus to last month's [Get Barenaked Guessing Game](#), UK support act and friend of the band Boothby Graffoe participated in an [extra round](#) attempting to guess BNL songs from hints given by the band.

